

GRADUATE SCHOOL DREAM SEEMED IMPOSSIBLE UNTIL I JOINED AJFAND!



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Having graduated in 2012 with a first class honors I thought getting to graduate school would be easy for me. However, after trying for some time without luck I thought that maybe graduate school was not meant for me. With many opportunities having passed me I almost gave up the hope of continuing with my studies. That was until I joined AJFAND as an intern. Under the guidance and mentorship of the Editor-in-Chief, my hope was renewed. Prof. Oniang'o has given me a lot of encouragement and support which has seen me start off my studies at the University of Nairobi where I am currently undertaking MSc in

Food Safety and Quality. This is a dream come true for me! She has always told me that opportunities are easy to come by when one is in the system (in school for my case) than when you are out there doing nothing.

I intend to pursue a career in scientific research and working on the AJFAND articles, I am always fascinated by the amount and quality of research conducted especially in the field of food and nutrition. This has given me the opportunity to broaden my understanding and enhanced my knowledge in scientific research writing, a skill that I am now applying as I write my project paper. I continue to receive a lot of encouragement and support and I can confidently say that I am pursuing my Masters studies because of AJFAND.

Thank you AJFAND for the good work of mentoring young people to pursue their life goals.